

## Registration

Name

Title/Position

Email Address (for confirmation)

Facility/Company/Agency

Address

City, State, ZIP

Phone Number

Continuing Education Units/Contact Hours:

Nursing  CCM  CCRC  PT / OT / SLP  SW

Other \_\_\_\_\_

**Registration fee: \$35**

**Pay by credit card or electronic check online:**

<http://atrp.ar.gov/conference>

**For more information or to register by mail, please contact:**

Arkansas Trauma Rehabilitation Program  
1501 North University Avenue, Suite 400  
Little Rock, AR 72207

(501) 683-0537 | [atrp@arkansas.gov](mailto:atrp@arkansas.gov)

If paying by check, please make your check payable to **Arkansas Spinal Cord Commission**.

## Contact Hours

### Who Should Attend?

This program is designed for nurses, social workers, case managers, physical therapists, occupational therapists, speech-language pathologists, and recreational therapists. All interested healthcare providers are welcome to attend.

This conference is jointly provided by the Arkansas Trauma Rehabilitation Program and Baptist Health.

**Nursing:** Nine and a half (9.5) contact hours are pending approval. Participants must attend the entire conference and complete an evaluation for successful completion and awarding of all contact hours.

BAPTIST HEALTH is an approved provider of continuing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**Case Management:** Nine and a half (9.5) continuing education credits/contact hours are pending approval through the Commission for Case Management Certification.

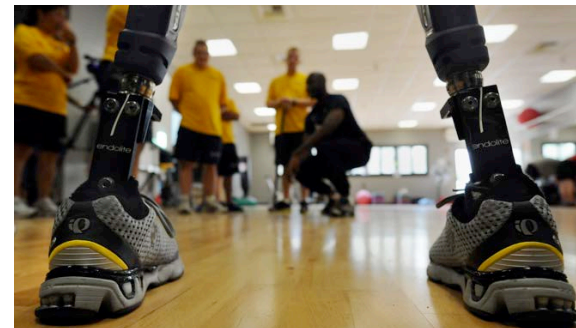
**Physical Therapy:** This course information has been submitted to the Arkansas State Board of Physical Therapy. Nine and a half (9.5) continuing education credits/contact hours are pending approval.

**Rehab Counseling:** Nine and a half (9.5) continuing education credits/contact hours are pending approval through the Commission on Rehabilitation Counselor Certification.

**Social Work:** This conference qualifies for nine and a half (9.5) hours of continuing education as required by the Arkansas Social Work Licensing Board.

This conference qualifies for nine and a half (9.5) hours of continuing education as required by many state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

## Arkansas Trauma Rehabilitation Conference 2017 May 18 and 19, 2017 Embassy Suites Little Rock



Presented by:



Shepherd Center



## Conference Program

The Arkansas Trauma Rehabilitation Program, Baptist Health Rehabilitation Institute, and NeuroRestorative Timber Ridge present the Arkansas Trauma Rehabilitation Conference 2017. This event will be held Thursday and Friday, May 18 and 19, 2017, at the Embassy Suites Hotel Little Rock.

This year's conference features expanded, informative presentations by regional, national, and model system experts.

There will also be an exhibit hall featuring local, regional, and national vendors.

The program will focus on:

- "The Art of Failing"
- The Continuum of Care for Burn Trauma Patients
- Neuroplasticity Following Brain Injury
- Compassion Fatigue and Caregiver Burnout
- Disability Rights and Law
- Amputation Rehabilitation and Prosthetics
- Issues in Ventilator Dependent Patients
- Refusing Needed Treatment: Ethical Issues in Rehabilitation Medicine

The Arkansas Trauma Rehabilitation Program is pleased to offer this program at a low cost to participants to help fulfill its goal to disseminate and promote best practice information and support its adoption. This is accomplished by bringing together acute care providers, rehabilitation professionals, and other partners in the system of care for traumatically injured Arkansans.

## Conflict of Interest Statement

The conference planners and speakers have declared that they **do not** have a conflict of interest, which will not impact the information in this session. They **do not** endorse any companies or commercial products.

## Conference Agenda Thursday, May 18, 2017

### 7:30 a.m. to 8:15 a.m.

Registration, Sign-In, and Continental Breakfast (provided)

### 8:15 a.m. to 8:30a.m.

Welcome, Announcements, Information, and Updates

### 8:30 a.m. to 9:45 a.m.

#### **THE ART OF FAILING: SEMINAL TIPS FOR THE PROFESSIONS.**

This presentation explores essential strategies for rehabilitation professionals to ensure new directions for poor outcomes. Multiple levels for collapse and dysfunction will be presented. These discussions will range from the hospital system to the care team and individual provider. Tips to deal with unconditional failure will be provided within each of these domains.

**Lester Butt, Ph.D., A.B.P.P.,** is the Senior Rehabilitation Psychologist at Craig Hospital in Englewood, CO. He received his Ph.D. from George Washington University.

**Learning Outcomes:** ♦ Explain how self-awareness can augment one's clinical work. ♦ Describe how teamwork can be enhanced.

### 9:45 a.m. to 10:45 a.m.

#### **TOO TIRED TO CARE: COPING WITH COMPASSION FATIGUE.**

Understanding the risks of caring and gaining knowledge of the symptoms of compassion fatigue can aid in developing resilience, compassion satisfaction, and avoiding moral distress. Suggestions will be made for appropriate interventions after staff suffer traumatic or crisis events, and will encourage the development of personal stress inoculation plans.

**Stan Wilson, D.Min.,** is the System Director of Pastoral Care at Baptist Health Medical Center in Little Rock, AR. He holds a Doctor of Ministry from Midwestern Baptist Theological Seminary.

**Learning Outcomes:** ♦ Explain the meaning and relationships between burnout, vicarious victimization, and compassion fatigue. ♦ Describe interventions for compassion fatigue and develop self-care plans for stress inoculation.

### 10:45 a.m. to 11:15 a.m.

Break and Exhibitors

### 11:15 a.m. to 12:15 p.m.

**BASIC OVERVIEW OF SSI, SSDI, MEDICAID, SPECIALS NEEDS TRUSTS, AND ABLE ACCOUNTS.** This presentation will discuss the difference between Social Security Disability and Supplemental Security Income, as well as Medicaid eligibility criteria as it relates to long term care, and how Special Needs Trust and the Able Act help improve quality of life.

**Raymon Harvey** is an attorney in Little Rock, AR., who specializes in elder law, special needs planning, and estate planning. He has over 40 years experience working with aging and disability issues.

**Learning Outcomes:** ♦ Describe SSDI, SSI, and Medicaid. ♦ Explain the difference and uses of Special Needs Trusts and ABLE Accounts.

### 12:15 p.m. to 1:30 p.m.

Lunch (provided) and Exhibitors

### 1:30 p.m. to 2:45 p.m.

**LIFE AFTER TRAUMATIC LIMB AMPUTATION.** This presentation will explore the relationship between the prosthetist and person with an amputation.

**Mike Horton** is a Certified Prosthetics Orthotist at Horton Orthotics and Prosthetics in Little Rock, AR, with more than 20 years experience.

**Chris Madison** is an Attorney for the City of Bryant, AR. Has been a person with an amputation since the age of 10, and is an amateur athlete who races in triathlon and iron man competitions.

**Learning Outcomes:** ♦ Explain the life-long need and progression of prosthetics for a person with an amputation. ♦ Describe the one-on-one relationship of the prosthetist to a person with an amputation.

### 2:45 p.m. to 3:15 p.m.

Break and Exhibitors

### 3:15 p.m. to 4:30 p.m.

**PULMONARY ISSUES IN SPINAL CORD INJURIES.** This presentation will discuss techniques for ventilator management and weaning strategies, as well as interventions for the reduction of associated complications in the Spinal Cord Injury (SCI) population.

**Norma Riveria, RRT, RCP,** is a recently retired Respiratory Educator at the Shepherd Center in Atlanta, GA, with over 48 years of experience in the field of respiratory therapy.

**Learning Outcomes:** ♦ Discuss current best practices for ventilator management and weaning related to SCI population. ♦ Describe two strategies to reduce complications associated with ventilator management in SCI population.

### 4:30 p.m.

End of First Day's Program

## Friday, May 19, 2017

### 8:00 a.m. to 8:30 a.m.

Sign-In, Welcome, Announcements, Information, Updates, and Full Breakfast (provided)

### 8:30 a.m. to 9:45 a.m.

**NEURAL PLASTICITY: IMPLICATIONS FOR REHABILITATION FOLLOWING TRAUMATIC BRAIN INJURY.** This presentation will discuss the conditions that promote neural plasticity, which, when incorporated into rehabilitative practice, can enhance recovery following brain injury.

**Frank Lewis, Ph.D.,** is the National Director of Clinical Outcome Services at NeuroRestorative in Augusta, GA. He has over 25 years of experience in the field of brain injury as an educator, researcher, and administrator.

**Learning Outcomes** ♦ Identify three benefits of neural plasticity to your clinical practice. ♦ Identify three tenants of neural plasticity.

### 9:45 a.m. to 10:45 a.m.

**THE CONTINUUM OF CARE FOR BURN INJURIES.** This presentation will focus on the care of the thermally injured patient in the emergency department from the "walking wounded" to the critically injured patient.

**Anna Rinewalt, M.D.,** is a Burn Surgeon at Arkansas Children's Hospital Burn Center in Little Rock, AR.

**Learning Outcomes:** ♦ Discuss treatments for various thermal injuries according to depth and severity. ♦ Explain the criteria for referral to burn centers for burn surgeon consultation.

### 10:45 a.m. to 11:15 a.m.

Break and Exhibitors

### 11:15 a.m. to 12:30 p.m.

**REFUSING NEEDED TREATMENT: ETHICAL ISSUES IN REHABILITATION MEDICINE.** This presentation will explore the limits, if any, of a patient's right to refuse rehabilitation that the healthcare professional believes would be successful.

**Chris Hackler, Ph.D.,** is an Emeritus Professor, Division of Medical Humanities, UAMS College of Medicine. He has published two books, numerous articles, and lectured widely on medical ethics.

**Learning Outcomes:** ♦ List the elements of valid informed consent to medical treatment. ♦ Identify appropriate surrogates for incapacitated patients.

### 12:30 p.m. to 12:45 p.m.

Complete and Submit Post-Test and Evaluations

### 12:45 p.m.

Conference Adjourns

## Pre-Test & Post-Test Evaluation

Attendees are required to complete a short pre-test and post-test, based on the conference's stated outcomes to measure how much new information they have learned at the conference.

The pre-test will be sent by email to all pre-registered attendees and answers collected online (paper copies will also be available at the conference). The post-test will be administered with the standard evaluation at the end of the conference. Users whose online access is restricted on work computers may use a smart phone or mobile device to complete the pre-test and post-test.

Attendees must complete the pre- and post-tests to receive continuing education credit, but their answers will not affect the credit received.

## Conference Site and Lodging

The conference will be held at the **Embassy Suites Little Rock** located at 11301 Financial Center Parkway. The hotel has convenient free parking for guests and attendees. A conference rate is available at the host facility for a limited number of attendees.

Call (501) 312-9000 to make your reservation.

Attendees are responsible for arranging their own accommodations. In addition to the host facility, there are several hotels nearby to meet your lodging needs.